Gluten Free Menu

Starters

The Blair Soup of The Day
£6.75
Warm Honey Glazed Goats Cheese with a Red Onion Marmalade
and Mixed Salad
£8.95
Smooth Chicken Liver Pate served with Gluten Free Garlic Toast,
Plum Chutney and a Mixed Salad
£8.95
Prawn Marie Rose and Smoked Salmon Cornets Served with Fresh
Lemon and a Mixed Salad
£11.95
Gluten Free Bruschetta Bread with Tomato, Roasted Red Onion,
Garlic and Basil and Mixed Pepper topped with Melted Cheese
serve with a Mixed Salad
£8.95
Platter of Seasonal Fruits served with Fruit Coulis and Green Apple Sorbet (V)
£8.95

Lighter Options

(Only Available Monday – Saturday 12pm Until 3.30pm)

All fillings can be served in either a Baked Potato or a Gluten Free Roll

- Smoked Ham, Branston Pickle and Cheese
- Cajun Spiced Chicken
- Prawn Marie Rose
- Egg Mayonnaise and Spring Onion
- Smoked Bacon, Tomato and Brie
- Spicy Marinated Chicken with Baby Gem Lettuce and Coleslaw

£12.95 *each*

Philly Cheese Steak – Sauté Mushrooms, Onion and Steak with Cream Cheese
£13.95

For a Combination Soup and Deli, to be served together,

Add a Bowl of our Soup of the Day for £4.95

**** We have a full list of the contents of our dishes detailing which of the specified allergens are present within them. Please do not hesitate to ask us for further information. ****

Main Courses

Traditional

Breast of Chicken with Brie and Bacon Served with Seasonal Vegetables, Mashed Potato, a Creamy White Wine Sauce and Cranberry Sauce
£19.95

Lambs Liver served with Caramelised Onions, Green Beans Wrapped in Bacon, Mashed Potato and Gravy
£18.95

Cajun Spiced Chicken served with Sour Cream, Rice, Seasonal Vegetables and a Mild Curry Sauce
£19.95

Tagine of Moroccan Spiced Lamb Casserole served with Rice Pilaff, Seasonal Vegetables and a Gluten Free Roll
£19.95

Salad

Choose from the Following and then the Variety of Salads,

Breast of Chicken
£19.95

Breast of Cajun Chicken
£19.95

Poached Fillet of Salmon
£21.95

Cajun Fillet of Salmon
£21.95

Garlic Tiger Prawns
£21.95

House Salad : a Mixed Salad served with Roasted Cashew Nuts and Smoked Cheddar

Caesar Salad : Baby Gem Lettuce in a Caesar Dressing Tossed with Croutons, served with or without Anchovies

Nicoise Salad : a Mixed Salad Served with Olives, Tomatoes, Diced Peppers, Capers with or without Boiled Egg and Anchovies

Steak Salad (Ribeye £33.50 / Fillet £37.95) : a Mixed Salad served with Caramelised Onions, Parmesan and Sauté Potatoes with a Green Pesto Dressing

Smoked Salmon and Prawn Marie Rose Cornets served with a Mixed Salad and Fresh Lemon
£21.95

Fish

The Blair Fish Pie with Salmon, Prawns and Haddock topped with a Cheddar Cheese and Mashed Potato Glaze served with Seasonal Vegetables
£21.95

Chilli Caramel Fillet of Salmon with Onions and Coriander served with a Rice Pilaff served with Seasonal Vegetables
£21.95

Poached Fillet of Salmon topped with a Cheddar Cheese and White Wine Glaze and Atlantic Prawns served with Seasonal Vegetables and Mashed Potato
£21.95

Smoked Haddock Gratin served with Mashed Potatoes, Smoked Bacon and Served with a White Wine Cream and Cheddar Cheese Glaze and Seasonal Vegetables
£21.95

Deep-fried Gluten Free Battered Haddock and Chips, Served with Tartare Sauce, a Mixed Salad and a Choice of Mushy or Garden Peas
£19.95

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Roast and Chargrill

Marinated Chicken Skewers with Peppers, Mushrooms and Tomato served with Rice, a Mixed Salad and a Gluten Free Roll with a Sweet Chilli Sauce
£24.50
Chargrilled Pork Chop served with a Grilled Tomato, Seasonal Vegetables, Mashed Potatoes and a Red Wine Gravy
£19.95
The Blair Mixed Grill :- Popeseye Steak, Pork Chop, Chicken Breast and Bacon served with Grilled Tomato, Mushroom, Gluten Free Onion Rings, Mashed Potato, a Side of Gravy and all topped off with a Fried Egg!!
£29.95

Steaks

A Selection of Chargrilled Steaks with Mushrooms, Grilled Tomato, Gluten Free Onion Rings and Mashed Potatoes
12oz Ribeye £33.50 or 9oz Fillet £37.95

With a Choice of Plain Fries or Potato Wedges and Includes a Choice of one of our sauces
Peppercorn, Homemade Gravy or Garlic Butter or
alternatively Served Surf and Turf - £4.95 supplement

Sides

A Bowl of Plain Fries £4.25
A Bowl of Cajun, Garlic/Parsley, Chilli/Parmesan or Chilli and Salt Fries £4.75
A Bowl of Seasonal Vegetables £4.95
A Bowl of Sweet Potato Fries £4.75
A Bowl of Mashed Potato £3.95
A Bowl of Garlic and Rosemary Sauté Potatoes £4.75
A Bowl of Mixed Salad £3.95
A Bowl of Gluten Free Onion Rings £4.75
A Side of Caesar Salad £4.95
A Side of Sweet Chilli/Garlic Mayo/Barbeque/Peppercorn/Curry Sauce £2.50
A Side of Coleslaw/Parmesan Cheese £2.50

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Desserts

Fresh Fruit Salad served with Ice Cream or Fresh Cream
£9.45
Traditional Pavlova and Fresh Cream with Seasonal Fruit and Strawberry Ice Cream
£9.45
Homemade Gluten Free Sticky Toffee Pudding with Butterscotch Sauce and Vanilla Ice Cream
£9.45
Mixed Ice Cream and Sorbet (As many scoops as you like £2.95 per scoop)
Vanilla, Strawberry, Chocolate, Banoffee, Coconut, Raspberry Ripple,
Mint Chocolate Chip, Toffee Fudge and Mango and Passionfruit and Green Apple Sorbet

The Blair's Traditional Ice Cream Sundaes

Sticky Toffee Sundae- Homemade Gluten Free Sticky Toffee Pudding, Butterscotch Sauce, Crushed Meringue, Fresh Cream, Vanilla Ice Cream topped with Homemade Honeycomb

Tropical Sundae – Consisting of Mango, Kiwi and Pineapple Chunks, Crushed Meringue, Mango Coulis, Fresh Cream and Topped with Coconut Ice Cream

£ 12.95 each

Tea, Coffee and Hot Chocolate

Flat White Coffee	£3.70
Cappuccino	£3.95
Latte	£3.95
Liqueur Coffee	£8.95
Flavoured Latte/Mocha	£4.25
Macchiato	£3.95
Americano	£3.75
Espresso	£3.50
Double Espresso	£3.95
Tea	£3.70
Flavoured Tea	£3.70
Hot Chocolate	£3.95
Baileys Hot Chocolate	£8.95
Luxury Hot Chocolate	£4.95

Served with Cream and Marshmallows

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