



The
BLAIR



Festive Gluten Free Menu

Starters

The Blair Soup of The Day
£6.75

Warm Honey Glazed Goats Cheese with a Red Onion Marmalade
and Mixed Salad
£8.45

Smooth Chicken Liver Pate served with Gluten Free Garlic Toast,
Plum Chutney and a Mixed Salad
£8.45

Prawn Marie Rose and Smoked Salmon Cornets Served with Fresh
Lemon and a Mixed Salad
£11.95

Gluten Free Bruschetta Bread with Tomato, Roasted Red Onion,
Garlic and Basil and Mixed Pepper topped with Melted Cheese
serve with a Mixed Salad
£8.95

Platter of Seasonal Fruits served with Fruit Coulis and Peach and Prosecco Sorbet (V)
£8.95



Lighter Options

(Only Available Monday – Saturday 12pm Until 3.30pm)

All fillings can be served in either a Baked Potato or a Gluten Free Roll

- Smoked Ham, Branston Pickle and Cheese
 - Festive Turkey and Cranberry
 - Cajun Spiced Chicken
 - Prawn Marie Rose
 - Egg Mayonnaise and Spring Onion
 - Smoked Bacon, Tomato and Brie
- Spicy Marinated Chicken with Baby Gem Lettuce and Coleslaw

£12.95 each

Philly Cheese Steak – Creamy Cheese, Sauté Mushrooms, Onion and Steak Pieces
£13.95

For a Combination Soup and Deli, to be Served Together

Add a Bowl of our Soup of the Day for £4.95



Main Courses



Traditional

Traditional Roast Turkey served with Mashed Potato, Seasonal Vegetables, Parsnip Crisps,
Cranberry Sauce and Gravy
£21.95

Breast of Chicken with Brie and Bacon Served with Seasonal Vegetables, Mashed Potato,
a Creamy White Wine Sauce and Cranberry Sauce
£19.95

Lambs Liver served with Caramelised Onions, Green Beans Wrapped in Bacon, Mashed Potato and Gravy
£18.50

Cajun Spiced Chicken served with Sour Cream, Rice, Seasonal Vegetables and a Mild Curry Sauce
£19.50

Tagine of Moroccan Spiced Lamb Casserole served with Rice Pilaff, Seasonal Vegetables and a Gluten Free Roll
£19.25

Salad

Choose from the Following and then the Variety of Salads,

Breast of Chicken
£19.50

Breast of Cajun Chicken
£19.50

Poached Fillet of Salmon
£19.95

Cajun Fillet of Salmon
£19.95

Garlic Tiger Prawns
£19.95

House Salad : a Mixed Salad served with Roasted Cashew Nuts and Smoked Cheddar

Caesar Salad : Baby Gem Lettuce in a Caesar Dressing Tossed with Croutons, served with or without Anchovies

Nicoise Salad : a Mixed Salad Served with Olives, Tomatoes, Diced Peppers, Capers with or without Boiled Egg and Anchovies

Steak Salad (Ribeye £32.50 / Fillet £36.95) : a Mixed Salad served with Caramelised Onions, Parmesan and Sauté Potatoes with a Green Pesto Dressing

Smoked Salmon and Prawn Marie Rose Cornets served with a Mixed Salad and Fresh Lemon
£21.95

Fish

The Blair Fish Pie with Salmon, Prawns and Haddock topped with a
Cheddar Cheese and Mashed Potato Glaze served with Seasonal Vegetables
£19.95

Chilli Caramel Fillet of Salmon with Onions and Coriander served with a Rice
Pilaff served with Seasonal Vegetables
£19.95

Poached Fillet of Salmon topped with a Cheddar Cheese and White Wine Glaze and
Atlantic Prawns served with Seasonal Vegetables and Mashed Potato
£19.95

Smoked Haddock Gratin served with Mashed Potatoes, Smoked Bacon and Served with a
White Wine Cream and Cheddar Cheese Glaze and Seasonal Vegetables
£19.95

Deep-fried Gluten Free Battered Haddock and Chips, Served with
Tartare Sauce, a Mixed Salad and a Choice of Mushy or Garden Peas
£18.95



Roast and Chargrill



Marinated Chicken Skewers with Peppers, Mushrooms and Tomato served with Rice, a Mixed Salad and a Gluten Free Roll with a Sweet Chilli Sauce
£23.50

Chargrilled Pork Chop served with a Grilled Tomato, Seasonal Vegetables, Mashed Potatoes and a Red Wine Gravy
£19.95

The Blair Mixed Grill :- Popeseye Steak, Pork Chop, Chicken Breast and Bacon served with Grilled Tomato, Mushroom, Gluten Free Onion Rings, Mashed Potato, a Side of Gravy and all topped off with a Fried Egg!!
£29.95

Steaks

A Selection of Chargrilled Steaks with Mushrooms, Grilled Tomato, Gluten Free Onion Rings and Mashed Potatoes
12oz Ribeye £32.50 or 9oz Fillet £36.95

Includes a choice of Plain Fries or Potato Wedges and Includes a Choice of one of our sauces
Peppercorn, Red Wine or Garlic Butter or
alternatively Served Surf and Turf - £3.95 supplement



Sides

A Bowl of Plain Fries £3.95
A Bowl of Cajun, Garlic/Parsley, Chilli/Parmesan or Chilli and Salt Fries £4.50
A Bowl of Seasonal Vegetables £4.95
A Bowl of Sweet Potato Fries £4.50
A Bowl of Mashed Potato £3.95
A Bowl of Garlic and Rosemary Sauté Potatoes £4.45
A Bowl of Mixed Salad £3.95
A Bowl of Gluten Free Onion Rings £4.75
A Side of Caesar Salad £4.95
A Side of Sweet Chilli/Garlic Mayo/Barbeque/Peppercorn/Curry Sauce £2.50
A Side of Coleslaw/Parmesan Cheese £2.50



Desserts

Fresh Fruit Salad served with Ice Cream or Fresh Cream

£8.95

Selection of Local Cheeses with Chutney and Grapes

£10.95

Traditional Pavlova and Fresh Cream with Seasonal Fruit and Strawberry Ice Cream

£8.95

Homemade Gluten Free Sticky Toffee Pudding with Butterscotch Sauce and Vanilla Ice Cream

£8.95

Mixed Ice Cream and Sorbets (As many scoops as you like £2.50 per scoop)

Vanilla, Strawberry, Chocolate, Banoffee, Coconut, Amaretto,

Mint Chocolate Chip, Raspberry Ripple, Baileys, Lemon Meringue, Toffee Fudge, Mango and Passionfruit,

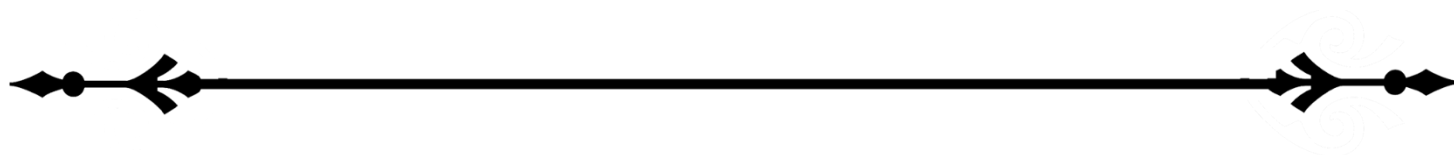
Peach and Prosecco Sorbet, Raspberry Pink Gin Sorbet



The Blair's Traditional Ice Cream Sundaes

Sticky Toffee Sundae- Homemade Gluten Free Sticky Toffee Pudding, Butterscotch Sauce, Crushed Meringue, Fresh Cream, Vanilla Ice Cream topped with Homemade Honeycomb

£ 10.95



Tea, Coffee and Hot Chocolate

Flat White Coffee _____	£3.50
Cappuccino _____	£3.75
Latte _____	£3.70
Liqueur Coffee _____	£8.95
Flavoured Latte/Mocha _____	£3.95
Macchiato _____	£3.75
Americano _____	£3.75

Espresso _____	£3.50
Double Espresso _____	£3.75
Tea _____	£3.50
Flavoured Tea _____	£3.50
Hot Chocolate _____	£3.95
Baileys Hot Chocolate _____	£8.95
Luxury Hot Chocolate _____	£4.95

Served with Cream and Marshmallows