

*The*  
**BLAIR**  
*Welcome to the Blair*

**Gluten Free Menu**

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**Starters**

**The Blair Soup of The Day**

**£5.25**

**Warm Honey Glazed Goats Cheese with a Red Onion Marmalade and Mixed Salad**

**£5.95**

**Chicken Liver Pate served with Gluten Free Garlic Toast and a Plum Chutney**

**£5.95**

**Prawn Marie Rose and Smoked Salmon Cornets Served with Fresh Lemon and a Crisp Salad**

**£7.95**

**Gluten Free Brushetta Bread with Roasted Red Onion, Garlic and Basil and Mixed Pepper topped with Melted Cheese**

**£5.95**

**Platter of Seasonal Fruits served with a Fruit Coulis and Elderflower Sorbet (V)**

**£5.95**

**Sliced Smoked Chicken served with a Strawberry Salad, Plum and Apple Chutney and a Toasted Gluten Free Roll**

**£6.50**

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**Lighter Options**

**Baked Potatoes**

**Ayrshire Smoked Ham, Branston Pickle and Cheese**

**Cajun Spiced Chicken**

**Prawn Marie Rose**

**Egg Mayonnaise and Spring Onion**

**Smoked Bacon, Tomato and Brie**

**Spicy Marinated Chicken with Baby Gem Lettuce and Coleslaw**

**All £7.50**

**Philly Cheese Steak – Sauté Mushrooms, Onion and Steak with Cream Cheese**

**£8.50**

**( Only Available from Monday to Saturday Midday till 3.30pm)**

## Main Courses

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### Traditional

Breast of Chicken Topped with Swiss Cheese and Leek Glaze  
£ 13.95

Lambs Liver served with Caramelised Onions and Bacon  
£13.95

Cajun Spiced Chicken served with Sour Cream, Rice and a Mild Curry Sauce  
£13.95

Tagine of Moroccan Spiced Lamb Casserole served with Rice Pilaff  
£14.50

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### Salad Bar

Choice of;

Breast of Cajun Chicken

Chargrilled Breast of Chicken

Poached Fillet of Salmon

or Sautéed Garlic Prawns (£2.00 Supplement)

Served with your preference of either;

Our House Salad with Smoked Cheese and Cashew Nuts

or

Traditional Nicoise Salad with Olives, Tomatoes, Diced Potatoes and Capers (with or without Boiled Egg and Anchovies)

or

Our Caesar Salad with Gluten Free Croutons (with or without Anchovies)

All £13.95

Smoked Salmon and Prawn Marie Rose Cornets with a Seasonal Salad  
£15.95

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### Fish

The Blair Fish Pie with Salmon, Prawns and Haddock topped with a Cheddar Cheese Glaze  
£14.95

Chilli Caramel Fillet of Salmon with Onions and Coriander served with a Rice Pilaff  
£14.95

Poached Fillet of Salmon topped with a Swiss Cheese and White Wine Glaze and Atlantic Prawns  
£ 14.95

Smoked Haddock Gratin served with Creamed Potatoes, Ayrshire Smoked Bacon and Cheddar Cheese  
£ 14.95

Deep-fried Gluten Free Breaded Haddock with Plain Chip, Served with Tartare Sauce  
and a Choice of Mushy or Garden Peas  
£13.95

## Roast and Chargrill



**Marinated Chicken Skewers with Peppers, Mushrooms and Tomato  
served on Rice with a Sweet Chilli Sauce**

**£14.95**

**Chargrilled Pork Chop served with a Whole Roasted Tomato, Garlic Fine Beans and a Red Wine Sauce**

**£14.95**

**The Blair Mixed Grill:-Steak, Pork Chop, Chicken Breast and Bacon served with Grilled Tomato, Mushroom and all topped off with a Fried Egg!!**

**£21.50**

**Chargrilled Steak Salad with a Choice of Ribeye or Fillet served with Caramelised Onions, Sauté Potatoes, Fresh Parmesan and Pesto Dressing**

**£26.95/£29.50**



## Steaks From the Chargrill

**A Selection of Chargrilled 8oz Steaks with Mushrooms, Roasted Tomato and Course Grain Mustard Mash  
Ribeye £ 26.95 or Fillet £ 29.50**

**Includes a Choice of one of our unique sauces  
Peppercorn, Red Wine or Garlic Butter**

**or**

**alternatively Served Surf and Turf (£2.95 supplement)**



## Side Orders

**Plain or Cajun Fries £ 1.75 or Garlic/Parsley Fries £ 2.50 or Chilli/Parmesan Fries £ 2.50**

**A Bowl of Seasonal Vegetables £ 2.50**

**A Bowl of Mashed Potatoes £ 2.50**

**A Bowl of Garlic and Rosemary Sauté Potatoes £ 2.50**

**A Bowl of Seasonal Mixed Salad £ 2.50**

## Desserts



Fresh Fruit Salad served with Ice Cream or Fresh Cream  
£5.95

Selection of Local Cheeses with Chutney and Grapes  
£7.50

Traditional Pavlova and Cream with Seasonal Fruit and an Ice Cream of Your Choice  
£5.95

Homemade Gluten Free Sticky Toffee Pudding with Butterscotch Sauce and Vanilla Ice Cream  
£5.95

Mixed Ice Cream (As many scoops as you like £1.75 per scoop  
Vanilla, Strawberry, Chocolate, Banoffee, Lemon Meringue, Coconut, Amaretto )



## The Blair's Traditional Ice Cream Sundaes

Sticky Toffee Sundae- Homemade Gluten Free Sticky Toffee Pudding, Butterscotch Sauce, Crushed Meringue, Vanilla Ice Cream topped with Homemade Honeycomb  
£ 7.95



## Coffee, Tea, & Hot Chocolate

Flat White Coffee ..... £2.50  
Freshly Ground Coffee ..... £2.50  
Cappuccino ..... £2.75  
Americano.....£2.50  
Latte ..... £2.75  
Liqueur Coffee ..... £5.95  
Flavoured Latte ..... £2.95  
Macchiato ..... £2.95

Espresso ..... £2.75  
Double Espresso ..... £3.50  
Tea ..... £2.50  
Flavoured Tea ..... £2.75  
Hot Chocolate ..... £2.75  
Baileys Hot Chocolate ..... £5.95  
Luxury Hot Chocolate ..... £2.95  
Served with Cream and Marshmallows