

The
BLAIR
Welcome to the Blair

Gluten Free Menu

Starters

- The Blair Soup of The Day**
£5.25
- Warm Honey Glazed Goats Cheese with a Red Onion Marmalade and Mixed Salad**
£5.95
- Chicken Liver Pate served with Gluten Free Garlic Toast and a Plum Chutney**
£5.95
- Prawn Marie Rose and Smoked Salmon Cornets Served with Fresh Lemon and a Crisp Salad**
£7.95
- Gluten Free Brushetta Bread with Roasted Red Onion, Garlic and Basil and Mixed Pepper topped with Melted Cheese**
£6.25
- Platter of Seasonal Fruits served with a Fruit Coulis and Green Apple Sorbet (V)**
£5.95
- Warm Confit of Duck Leg**
Coated with an Orange and Cranberry Sauce and Served with a Citrus Salad
£6.50

Lighter Options

Baked Potatoes

- Ayrshire Smoked Ham, Branston Pickle and Cheese**
Cajun Spiced Chicken
Prawn Marie Rose
Egg Mayonnaise and Spring Onion
Smoked Bacon, Tomato and Brie
Spicy Marinated Chicken with Baby Gem Lettuce and Coleslaw
All £7.50
- Philly Cheese Steak – Sauté Mushrooms, Onion and Steak with Cream Cheese £8.50**
- (Only Available from Monday to Saturday Midday till 3.30pm)**

Main Courses

Traditional

**Breast of Chicken with Brie and Bacon Served with Seasonal Vegetables, Mashed Potato,
A Creamy White Wine Sauce and Cranberry Sauce**

£13.95

Lambs Liver served with Caramelised Onions and Bacon

£13.95

Cajun Spiced Chicken served with Sour Cream, Rice and a Mild Curry Sauce

£13.95

Tagine of Moroccan Spiced Lamb Casserole served with Rice Pilaff

£14.50

Salad Bar

Choice of;

Breast of Cajun Chicken

£13.95

Chargrilled Breast of Chicken

£13.95

Poached Fillet of Salmon

£14.95

Fillet of Cajun Salmon

£14.95

Sautéed Garlic Tiger Prawns

£15.95

Served with your preference of either;

House Salad : a Mixed Salad served with Roasted Cashew Nuts and Smoked Cheddar.

Caesar Salad : Baby Gem Lettuce in a Caesar Dressing Served with Croutons served with or without Anchovies.

Nicoise Salad : a Mixed Salad Served with Olives, Tomatoes, Diced Potatoes, Capers with or without Boiled Egg and Anchovies.

Smoked Salmon and Prawn Marie Rose Cornets with a Seasonal Salad

£15.95

Fish

The Blair Fish Pie with Salmon, Prawns and Haddock topped with a Cheddar Cheese Glaze

£ 14.95

Chilli Caramel Fillet of Salmon with Onions and Coriander served with a Rice Pilaff

£ 14.95

**Poached Fillet of Salmon topped with a Cheddar Cheese and White Wine Glaze and Atlantic
Prawns**

£ 14.95

Smoked Haddock Gratin served with Creamed Potatoes, Smoked Bacon and Cheddar Cheese

£ 14.95

**Deep-fried Gluten Free Breaded Haddock with Plain Chip, Served with Tartare Sauce
and a Choice of Mushy or Garden Peas**

£ 13.95

Roast and Chargrill

**Marinated Chicken Skewers with Peppers, Mushrooms and Tomato
served on Rice with a Sweet Chilli Sauce**

£15.95

Chargrilled Pork Chop served with a Whole Roasted Tomato, Garlic Fine Beans and a Red Wine Sauce

£14.95

The Blair Mixed Grill :- Steak, Pork Chop, Chicken Breast and Bacon served with Grilled Tomato, Mushroom and all topped off with a Fried Egg!!

£22.50

Chargrilled Steak Salad with a Choice of Ribeye or Fillet served with Caramelised Onions, Sauté Potatoes, Fresh Parmesan and Pesto Dressing

£26.95/£29.50

Steaks From the Chargrill

**A Selection of Chargrilled 8oz Steaks with Mushrooms, Roasted Tomato and Course Grain Mustard Mash Ribeye
£26.95 or Fillet £29.50**

**Includes a Choice of one of our sauces
Peppercorn, Red Wine or Garlic Butter or
alternatively Served Surf and Turf (£2.95 supplement)**

Side Orders

A Bowl of Plain Fries £2.50

A Bowl of Cajun, Garlic/Parsley, Chilli/Parmesan or Chilli and Salt Fries £ 2.75

A Bowl of Seasonal Vegetables £ 2.95

A Bowl of Mashed Potatoes £ 2.50

A Bowl of Garlic and Rosemary Sauté Potatoes £2.95

A Bowl of Seasonal Mixed Salad £ 2.50

Desserts

Fresh Fruit Salad served with Ice Cream or Fresh Cream

£6.25

Selection of Local Cheeses with Chutney and Grapes

£7.50

Traditional Pavlova and Cream with Seasonal Fruit and an Ice Cream of Your Choice

£5.95

Homemade Gluten Free Sticky Toffee Pudding with Butterscotch Sauce and Vanilla Ice Cream

£5.95

Mixed Ice Cream (As many scoops as you like £1.75 per scoop)

Vanilla, Strawberry, Chocolate, Banoffee, Coconut, Amaretto

The Blair's Traditional Ice Cream Sundaes

Sticky Toffee Sundae- Homemade Gluten Free Sticky Toffee Pudding, Butterscotch Sauce, Crushed Meringue, Vanilla Ice Cream topped with Homemade Honeycomb

£ 7.95

Coffee, Tea, & Hot Chocolate

Flat White Coffee £2.75
Freshly Ground Coffee £2.75
Cappuccino £2.95
Latte £2.95
Liqueur Coffee £6.50
Flavoured Latte £3.25
Macchiato £3.25
Americano £2.75

Espresso £2.95
Double Espresso £3.50
Tea £2.75
Flavoured Tea £2.95
Hot Chocolate £2.95
Baileys Hot Chocolate £6.50
Luxury Hot Chocolate £3.50
Served with Cream and Marshmallows